

**USA TRACK & FIELD NEBRASKA ASSOCIATION  
2004 SEASON AWARD WINNERS**

**JIM KINDIG JUNIOR OLYMPIC  
CROSS COUNTRY ATHLETES OF THE YEAR**

Girl

Emily Sisson, Omaha  
2nd place, Youth Girls

Boy

Jared Kenney, Omaha  
1st place, Midget Boys

**ALL-NEBRASKA CROSS COUNTRY TEAM**

Bantam Girls

Heather Bates, Bellevue  
Sydney Gress, Bellevue

Bantam Boys

Mick Prather, Papillion  
Bailey Roth, Hickman

Midget Girls

Chelsey Poole, Omaha  
Lauren Sutherland, Omaha

Midget Boys

none

Youth Girls

Ali Gress, Bellevue  
Brittany Poole, Omaha

Youth Boys

Adam Mitteis, Plattsmouth

Intermediate Girls

Ashley Schnell, Lincoln

Intermediate Boys

Anthony Oberle, Sioux City, Iowa

Young Women

none

Young Men

Chris Clymer, Lincoln

**WORLD YOUTH TRACK & FIELD TEAM ATHLETE**

Michaela Wallerstedt, Omaha

## **NEW ASSOCIATION RECORD HOLDERS**

(old record in parentheses)

### Midget Boys

800 meter run – 2:15.98, Jared Kenney, Omaha (2:16.0, Joey Kinego, Bellevue, 1983)

1500 meter run – 4:38.95, Jared Kenny, Omaha (4:52.0, Joey Kinego, Bellevue, 1983)

### Youth Girls

1500 meter run – 4:44.83, Emily Sisson, Omaha (4:48.14, Merideth Snow, Omaha, 2001)

Pentathlon – 3,255 points, Mallory Murdoch, Orleans (3,217, Courtney Berklund, Lincoln, 1990)

### Youth Boys

Javelin throw – 143' 6", Seth Sejkora, Burchard (141' 6", Michael Packmore, Lincoln, 2000)

### Intermediate Girls

800 meter run – 2:17.44, Allie Abdouch, Omaha (2:18.3, Carol Nunnally, McCook, 1981)

2000 meter steeplechase – 7:54.12, Jordan Williams, Glenwood, Iowa (9:12.91, Kacie Beachler, Oakland, 2003)

Shot put – 49' 4", Jenny Svoboda, Howells (46' 11", Jenny Svoboda, Howells, 2003)

Javelin throw – 131' 7", Jenny Svoboda, Howells (124' 6", Abby Emsick, Council Bluffs, Iowa, 1999)

### Intermediate Boys

200 meter dash – 22.48, Lukas Hulett, Bellevue (22.3, Daryl Duncan, Omaha, 1980)

400 meter dash – 48.80, Lukas Hulett, Bellevue (49.14, Cameron Monroe, Omaha, 1994)

### Young Men

Long jump – 25' 1¼", Robert Rands, Bellevue (23' 6¼", Ronnie Doss, Omaha, 1992)

Pole vault – 15' 6", Sam Ogden, Grand Island (15' 1½", Randy Raymond, Fremont, 1977)

Shot put – 62' 4½", Keith Lloyd, Omaha (61' 7", Steve Ziembra, Omaha, 1998)

## **KIP McEWEN JUNIOR OLYMPIC RACE WALK ATHLETE OF THE YEAR**

Morgan Liedke, Bellevue  
8th place, Bantam Girls 1500 meter race walk

## **RUSS WHITE JUNIOR OLYMPIC COMBINED EVENT ATHLETES OF THE YEAR**

### Girl

Mallory Murdoch, Orleans  
2nd place, Youth Girls pentathlon

### Boy

Thomas Filer, Bellevue  
7th place, Youth Boys pentathlon

## **JUNIOR OLYMPIC TRACK & FIELD ATHLETES OF THE YEAR**

### Bantam Girls

Avrie Welton, Lincoln  
2nd place, High jump

### Midget Girls

none

### Youth Girls

Emily Sisson, Omaha  
3rd place, 1500 meter run

### Intermediate Girls

Jenny Svoboda, Howells  
1st place, Shot put

### Young Women

Michaela Wallerstedt, Omaha  
2nd place, Shot put

### Bantam Boys

Jesse Foster, Lincoln  
5th place, Shot put

### Midget Boys

Jon Williams, Glenwood, Iowa  
3rd place, Mini-javelin throw

### Youth Boys

Chris Vacanti, Omaha  
4th place, 3000 meter run

### Intermediate Boys

Jason Paczkowski, Papillion  
6th place, High jump

### Young Men

Robert Rands, Bellevue  
2nd place, Long jump

## **NATIONAL JUNIOR OLYMPIC TRACK & FIELD RELAY MEDALISTS**

Youth Boys 4x800 meter, 7th place – North Omaha Bengals Track Club, Omaha:  
Jeron Hall, Xavier Baylon, Tyrelle Hardy, Xavier Arnold

## **ALL-NEBRASKA TRACK & FIELD TEAM**

### Bantam Girls

Heather Bates, Bellevue  
Sydney Gress, Bellevue  
Deamber Hulett, Omaha  
Michelle Wallerstedt, Omaha

### Midget Girls

Tai'leah Beatty, Omaha  
Caitlin Eis, Beatrice  
Mary Jo Gawrick, Lincoln  
Kaylee Gress, Bellevue  
Charlsie Morris, Beatrice  
Chelsey Poole, Omaha

### Youth Girls

Amber Hansel, Fairbury  
Bianca Mata, Omaha  
Brittany Poole, Omaha  
LaShawntae Williams, Omaha

### Intermediate Girls

Allie Abdouch, Omaha  
Alicia Marteny, Pawnee City  
Megan Mejstrik, Schuyler  
Annie Mullin, Papillion  
Samantha Musil, DuBois  
Sarah Pierson, Omaha  
Ashley Schnell, Lincoln  
Cassie Styers, Omaha  
Jordan Williams, Glenwood, Iowa

### Young Women

Kacie Beachler, Oakland  
Jordan Bieranowski, Omaha  
Krissy DeRouchey, Gretna  
Erin Fogarty, Omaha  
Reshial Marks, Omaha  
Angelique McNeal, Bellevue  
Jessica Renshaw, Omaha  
Cassie Sherlock, Murray  
Clare Voigtlander, Pawnee City

### Bantam Boys

Terry Grigsby, Omaha  
Mitchell Harling, Falls City  
Bailey Roth, Hickman

### Midget Boys

Kendall Anderson, Omaha  
Ronald Coleman, Omaha  
Brandon Fitzsimmons, Lincoln  
Grant Harms, Crete  
Jared Kenney, Omaha  
Josh Meeker, Omaha

### Youth Boys

Micah Marvin, Crete  
John Musil, DuBois  
Michael Schinstock, Lincoln  
Seth Sejkora, Burchard

### Intermediate Boys

Matt Conahan, Omaha  
Peter Falcon, Bellevue  
Jake Hanley, Omaha  
Lukas Hulett, Bellevue  
Brad Kuxhausen, Glenwood, Iowa  
Max McShane, Elkhorn  
Brian Real, Papillion  
Ryan Reynolds, Omaha  
Matt Schmailzl, Glenwood, Iowa  
Jacob Wilson, Papillion

### Young Men

Cody Ingold, Bellevue  
Andrew Kanngieser, Omaha  
Keith Lloyd, Omaha  
Virgil Mitchell, Omaha  
Andrew Muench, Omaha  
Kyle Murphy, Omaha  
Ryan Petrocchi, Omaha  
Eric Rickert, Omaha  
Kyle Sempek, Omaha  
Clinton Skanes, Omaha  
Greg Torres, Omaha  
LeRon Williams, Omaha