



# 2008 USATF NEBRASKA ASSOCIATION JUNIOR OLYMPIC DEVELOPMENTAL MEET



Ogallala High School • 602 East G Street • Ogallala, Nebraska  
Saturday, May 3, 2008 • Registration 9:00 a.m.

Throwing events 9:30 a.m. • Jumping events 10:00 a.m. • Running events 11:00 a.m.

Meet Director: Shane Fruit, 2303 Westridge Dr, Ogallala NE 69153-3215 • Info: (308) 284-6985

**ENTRY FEE:** \$3.00 per individual event and \$12.00 per relay team. Entry fees are non-refundable if the meet is cancelled due to weather. Bantams and Midgets may enter up to three (3) events. Youths and Intermediates may enter up to four (4) events.

**AWARDS:** The top six (6) in each event receive ribbons.

**PROTESTS:** Must be made in writing to the Meet Director with a \$10.00 deposit within 15 minutes of the event.

**RELAYS:** Relays count towards your event limit. Relay members must wear the same color shirt. Only registered USA Track & Field club relay teams may compete in the Association J.O. Championships in Omaha.

**NAME (print):** \_\_\_\_\_ **BIRTH DATE:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_ **PHONE #:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**USATF CLUB NAME (or "Unattached"):** \_\_\_\_\_ **BOY GIRL**  
*(circle one)*

I certify that \_\_\_\_\_ was born on the date stated above and has my permission to compete in the Junior Olympics Program. I accept full responsibility for this participation. I have included entry fees of \$3.00 for each individual event and/or \$12.00 for each relay.

Signed \_\_\_\_\_, Parent or Guardian

**BANTAM DIVISION (born in 1998 or later)**  
Enter up to 3 events

- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Run
- 4x100 Meter Relay
- Long Jump
- High Jump
- Shot Put (6 lb)

**MIDGET DIVISION (born in 1996 or 1997)**  
Enter up to 3 events

- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Run
- 1500 Meter Run
- 4x100 Meter Relay
- 80 Meter Hurdles (30")
- Long Jump
- High Jump
- Shot Put (6 lb)
- Discus (1k)

**YOUTH DIVISION (born in 1994 or 1995)**  
Enter up to 4 events

- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Run
- 1500 Meter Run
- 4x100 Meter Relay
- 100 Meter Hurdles (30" girls, 33" boys)
- Long Jump
- High Jump
- Shot Put (6 lb girls, 4 kg boys)
- Discus (1 kg)

**INTERMEDIATE DIVISION (born in 1992 or 1993)**  
Enter up to 4 events

- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Run
- 1500 Meter Run
- 4x100 Meter Relay
- 100/110 Meter Hurdles (33" girls, 39" boys)
- Long Jump
- Triple Jump
- High Jump
- Shot Put (4 kg girls, 12 lb boys)
- Discus (1 kg girls, 1.6 kg boys)