

CORNHUSKER FLYERS TRACK CLUB

2020 CROSS COUNTRY PRACTICE SCHEDULE

Practices are at Walnut Grove Park on Tuesdays and Thursdays at 6:00 p.m., plus some Saturdays at 7:30 a.m. at either Walnut Grove or Lake Zorinsky ('Z'), as shown below.

Walnut Grove Park - 151st & Q - meet at the east shelter house

Lake Zorinsky - 156th & F - meet by the boat dock on the east side of Lake Zorinsky

SEPTEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12 Z
13	14	15	16	17	18	19 Z
20	21	22	23	24	25	26
27	28	29	30			

NOVEMBER						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10 Z
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

DECEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12

