

## CORNHUSKER FLYERS TRACK CLUB 2010 RESULTS

		Shot	Discus	Javelin
May 8	Lincoln Youth Track Club Invitational - Lincoln, NE			
	YB Ryan Sanchez	37' 5" 1	95' 4" 1	108' 0" 1
	YG Taylor Heim	31' 1" 3	79' 1" 2	
	MG Katelyn Gochenour	34' 1" 1	82' 5" 1	118' 5" 1
	MG Kennedy Gochenour	21' 2" 5	37' 8" 3	71' 3" 2
	BB Jackson McVea	14' 3" 6		41' 9" 6
	SG Katharine Beachler	4' 2" 2		
May 15	Cornhusker Flyers Throws Festival - Omaha, NE			
	YM Jon Williams			152' 9" 1
	IG Serenity McAndrews			63' 8" 1
	YB Ethan Ruh	30' 5" 2	84' 0" 4	
	YB Gabriel McAndrews		55' 0" 6	79' 1" 2
	YG McKenzie Roberts	25' 1" 4	55' 10" 4	67' 1" 2
	MG Katelyn Gochenour	37' 7" 1	84' 10" 1	115' 10" 1
	MG Kennedy Gochenour	23' 1" 6	39' 4" 5	69' 10" 3
	BB Jackson McVea	14' 11" 7		40' 4" 5
	BB Elijah McAndrews			10' 5" 9
	BG Summer Anderson	16' 9" 1		18' 11" 5
	SG Katharine Beachler	5' 0" 3		
May 23	Big O Throws Open - Omaha, NE			
	YM Alex Beideck	47' 5" 1	133' 3" 1	
	YB Ryan Sanchez		87' 6" 1	
	YB Tyler Sanchez		71' 6" 2	
	YG Lauren Doeschot	30' 3" 3	92' 1" 1	
	YG McKenzie Roberts		56' 5" 3	
	MG Katelyn Gochenour	34' 11" 1	89' 0" 1	
	MG Kennedy Gochenour	23' 10" 2	47' 2" 2	
May 29	Boys & Girls Club Jaguars Invitational - Omaha, NE			
	YM Jon Williams			151' 8" 1
	YM Alex Beideck	47' 8" 2	135' 0" 3	
	YB Ryan Sanchez	39' 3" 1	96' 10" 4	111' 1" 2
	YB Ethan Ruh	32' 1" 3	109' 0" 1	63' 8" 5
	YG Taylor Heim	31' 10" 1	85' 3" 1	
	YG McKenzie Roberts	24' 11" 3	60' 0" 2	67' 8" 2
	MB Nick Loth	23' 1" 3		89' 1" 5
	MG Katelyn Gochenour	35' 8" 1	90' 7" 1	124' 10" 1
	MG Kennedy Gochenour	22' 1" 3	55' 0" 3	85' 6" 2
	BB Jackson McVea	16' 11" 8		50' 7" 6
	SG Julia Roberts	7' 6" 3		
Jun 5	Cornhusker State Games - Seward, NE			
	YB Ethan Ruh	34' 7" 3	95' 4" 5	
	YG McKenzie Roberts	20' 8" 7	59' 2" 8	66' 8" 2

Jun 6	USATF Nebraska Youth Championships - Omaha, NE			
	YM	Jon Williams		138' 3" 1
	YM	Alex Beideck	48' 1" 2    134' 9" 3	
	YB	Ryan Sanchez	36' 1" 1    97' 2" 2	101' 3" 2
	YB	Ethan Ruh	34' 0" 3    87' 2" 3	
	YB	Tyler Sanchez		69' 11" 5
	YG	Taylor Heim	34' 9" 1    84' 9" 2	
	YG	Lauren Doeschot	31' 1" 3    106' 10" 1	
	YG	McKenzie Roberts	23' 7" 4    60' 2" 5	67' 1" 2
	MG	Katelyn Gochenour	37' 0" 1    93' 0" 1	125' 9" 1
	MG	Kennedy Gochenour	25' 4" 3    49' 9" 2	83' 11" 2
	MG	Madison Asche	20' 1" 5	
	BB	Jackson McVea	15' 11" 7	45' 4" 7
	SG	Julia Roberts	9' 7" 4	
	SG	Katharine Beachler	5' 5" 7	
Jun 12	Pawnee City Youth Invitational - Pawnee City, NE			
	YM	Alex Beideck	45' 9" 1    125' 1" 1	
	YB	Ryan Sanchez	38' 1" 1    96' 7" 3	105' 10" 2
	YB	Tyler Sanchez		74' 1" 4
	YG	Lauren Doeschot	30' 9" 3    97' 3" 1	85' 5" 1
	YG	Taylor Heim	34' 10" 2    85' 8" 3	60' 7" 4
	YG	McKenzie Roberts	25' 6" 4    61' 11" 4	64' 7" 3
	MG	Katelyn Gochenour	32' 10" 1    84' 1" 1	124' 10" 1
	MG	Kennedy Gochenour	25' 5" 3    51' 9" 3	79' 3" 2
	SG	Julia Roberts	9' 2" 3	
Jun 12	USATF Nebraska Combined Event Championships - Crete, NE			
13	YW	*Alexandria Gochenour	34' 10" 1	106' 11" 1
	YW	*Clara Nichols	24' 11" 2	94' 2" 2
	MG	*Madison Asche	18' 5" 6	
Jun 13	Blair Track Club Open Meet - Blair, NE			
	YM	Alex Beideck	47' 5" 1    120' 8" 2	
	YG	Lauren Doeschot	30' 2" 1    93' 11" 1	88' 8" 1
Jun 19	USATF Nebraska Junior Olympic Championships - Omaha, NE			
20	YM	Alex Beideck	47' 0" 3    123' 1" 6	
	YM	Brandon Daley		118' 2" 8
	IG	Serenity McAndrews		64' 10" 3
	IG	Meghan Thomas		59' 4" 4
	YB	Ryan Sanchez	39' 0" 1    88' 5" 6	111' 8" 2
	YB	Ethan Ruh	32' 11" 4    101' 3" 5	
	YB	Tyler Sanchez		87' 6" 5
	YG	Lauren Doeschot	30' 4" 7    98' 9" 1	103' 10" 1
	YG	Taylor Heim	33' 7" 2    84' 2" 3	69' 9" 4
	YG	McKenzie Roberts	25' 9" 8    59' 8" 8	77' 2" 2
	YG	Rebekah Topham		40' 3" 9
	MB	Nick Loth	23' 10" 5	81' 9" 6
	MG	Katelyn Gochenour	33' 5" 1	113' 4" 1
	MG	Kennedy Gochenour	23' 4" 6	77' 5" 4
	BB	Jackson McVea	17' 6" 10	49' 2" 5

	BG	Summer Anderson	15' 10" 7			
Jun 23		USATF Junior Outdoor Championships - Des Moines, IA				
24	YW	*Alexandria Gochenour	31' 10" 13			122' 7" 3
Jun 26		Bellevue Breeze Invitational - Bellevue, NE				
	YM	Jon Williams				144' 7" 1
	YM	Alex Beideck	47' 0" 2	120' 8" 3		
	IG	Meghan Thomas				56' 7" 2
	YB	Ryan Sanchez	38' 2" 1	87' 3" 5		108' 7" 1
	YB	Ethan Ruh	31' 2" 6	97' 9" 3		
	YB	Tyler Sanchez				90' 4" 4
	YG	Lauren Doeschot	30' 9" 3	101' 3" 1		108' 0" 1
	YG	McKenzie Roberts		63' 9" 4		72' 11" 3
	MG	Katelyn Gochenour	38' 2" 1	86' 0" 1		112' 11" 1
	MG	Kennedy Gochenour	23' 3" 2	52' 4" 3		78' 10" 2
	BB	Jackson McVea	15' 4" 7			41' 0" 5
	SG	Julia Roberts	9' 6" 4			
Jun 29		USATF National Youth Outdoor Championships - Lisle, IL				
30	YM	Jon Williams				129' 7" 5
Jul 1	YM	Alex Beideck	46' 2" 8	118' 7" 15		
2	YW	Clara Nichols				86' 11" 8
3	YB	Ryan Sanchez	38' 9" 4	98' 3" 11		107' 4" 10
	YB	Tyler Sanchez				89' 9" 14
	YG	Lauren Doeschot		93' 2" 8		105' 6" 1
	YG	McKenzie Roberts				73' 5" 10
	YG	Taylor Heim	33' 3" 10	75' 8" 15		
	MG	Katelyn Gochenour	39' 0" 2	88' 8" 3		122' 5" 1
	MG	Kennedy Gochenour	23' 6" 14	63' 10" 10		79' 9" 4
Jul 9		USATF Region 8 Junior Olympic Championships - Indianola, IA				
10	YM	Alex Beideck	47' 1" 7	130' 3" 9		
11	YW	Alexandria Gochenour				100' 10" 1
	YW	*Clara Nichols	23' 1" 2			84' 10" 1
	IG	Serenity McAndrews				63' 9" 5
	YB	Ryan Sanchez	40' 5" 2	101' 8" 8		105' 5" 3
	YB	Tyler Sanchez				82' 8" 7
	YB	Gabriel McAndrews				70' 10" 8
	YB	Ethan Ruh	34' 1" 8	0' 0" 14		
	YG	Lauren Doeschot		62' 9" 9		112' 2" 1
	YG	McKenzie Roberts				75' 0" 3
	MG	Katelyn Gochenour	38' 0" 1	85' 9" 1		115' 3" 1
	MG	Kennedy Gochenour	24' 3" 8	54' 3" 6		80' 6" 4
	BB	Jackson McVea				46' 1" 5
	SG	Julia Roberts	8' 8" 7			
Jul 17		Iowa Summer Games - Ames, IA				
	MG	Katelyn Gochenour	36' 0" 1	92' 8" 2		
	MG	Kennedy Gochenour	22' 2" 2	61' 10" 1		

Jul 22 IAAF World Junior Championships - Moncton, NB, Canada  
 23 YW \*Alexandria Gochenour 36' 7"12 108' 7"16

Jul 29 USATF National Junior Olympic Championships - Sacramento, CA  
 30 YB Ryan Sanchez 40'10"17 115' 5"19  
 31 YG Lauren Doeschot 106'10" 5  
 MG Katelyn Gochenour 38' 7" 2 103' 2" 1 128' 6" 1

\* combined event competition

Season	YM	Jon Williams			143' 4"
Avg.	YM	Alex Beideck	47' 0"	126' 9"	
	YM	Brandon Daley		118' 2"	
	YW	Alexandria Gochenour	34' 5"		109' 8"
	YW	Clara Nichols	24' 0"		88' 7"
	IG	Serenity McAndrews			64' 1"
	IG	Meghan Thomas			57'11"
	YB	Ryan Sanchez	38' 8"	94' 4"	108' 3"
	YB	Ethan Ruh	32' 9"	82' 0"	63' 8"
	YB	Tyler Sanchez		71' 6"	82' 4"
	YB	Gabriel McAndrews		55' 0"	74'11"
	YG	Lauren Doeschot	30' 6"	93' 3"	101' 5"
	YG	Taylor Heim	33' 2"	82' 5"	65' 2"
	YG	McKenzie Roberts	24' 3"	59' 7"	70' 2"
	YG	Rebekah Topham		40' 3"	
	MB	Nick Loth	23' 5"		85' 5"
	MG	Katelyn Gochenour	36' 3"	89' 1"	120' 2"
	MG	Kennedy Gochenour	23' 4"	51' 3"	78' 5"
	MG	Madison Asche	19' 3"		
	BB	Jackson McVea	15' 9"		44'10"
	BB	Elijah McAndrews			10' 5"
	BG	Summer Anderson	16' 3"		18'11"
	SG	Julia Roberts	8'10"		
	SG	Katharine Beachler	4'10"		